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Lect 21 Path integral for quantum mechanics

§1 propagator of a point particle.

Consider $H = \frac{p^2}{2m} + V(x)$, and thus the time evolution operator is

$U(t_b, t_a) = e^{-i(t_b - t_a)H}$. Define the propagator

$iG(x_b, t_b; x_a, t_a) \equiv \langle x_b | U(t_b, t_a) | x_a \rangle$, then it satisfies the following Schrödinger Eq as

$$i\partial_t G(x, t; x_a, t_a) = \langle x | i\partial_t e^{-i(t - t_a)H} | x_a \rangle = \langle x | H U(t, t_a) | x_a \rangle.$$

H in the coordinate rep is a function of x and ∂_x , thus

$$\begin{aligned} \langle x | H U(t, t_a) | x_a \rangle &= \int dx' \delta(x - x') H(x', \partial_{x'}) U(t, t_a) \delta(x' - x_a) \\ &= H(x, \partial_x) \int dx' \delta(x - x') U(t, t_a) \delta(x' - x_a) = H(x, \partial_x) \langle x | U(t, t_a) | x_a \rangle \end{aligned}$$

$$\Rightarrow i\partial_t G(x, t; x_a, t_a) = H(x, \partial_x) G(x, t; x_a, t_a)$$

Ex: for 1D free space, with the initial condition $G(x, t_a; x_a, t_a) = -i\delta(x - x_a)$,

we have $G(x_b, t; x_a, t_a) = (-i) \left(\frac{m}{2\pi i t} \right)^{1/2} \exp \left[\frac{i m (x_b - x_a)^2}{2t} \right]$.

Hint: Solve the differential Eq. $i\partial_t G(x, t; x_a, t_a) = -\frac{\hbar^2}{2m} \partial_x^2 G(x, t; x_a, t_a)$.

§2 Path integral representations of the propagator

$$U(t_b, t_a) = U(t_b, t) U(t, t_a) \Rightarrow iG(x_b, t_b; x_a, t_a) = \int dx iG(x_b, t_b; x, t) iG(x, t; x_a, t_a)$$

let us divide the time interval $[t_b, t_a]$ into N equal segments

$$iG(x_b, t_b; x_a, t_a) = \int dx_1 \dots dx_{N-1} iG(x_b, t_b; x_{N-1}, t_{N-1}) \dots iG(x_1, t_1; x_a, t_a)$$

$$= A^N \int \prod_{i=1}^{N-1} dx_i \exp \left[i \sum_{j=1}^N \Delta t L(t_j, \frac{x_j + x_{j-1}}{2}, \frac{x_j - x_{j-1}}{\Delta t}) \right]$$

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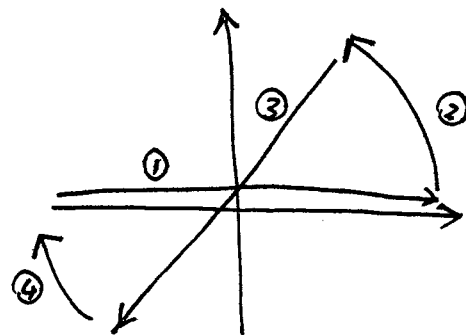
$$iG(x_i, t_i; x_{i-1}, t_{i-1}) = \langle x_i | e^{-i \frac{p^2}{2m} \Delta t} e^{-i V(x) \Delta t} | x_{i-1} \rangle$$

$$= \int dp_i \langle x_i | e^{-i \frac{p^2}{2m} \Delta t} | p_i \rangle \langle p_i | e^{-i V(x) \Delta t} | x_{i-1} \rangle$$

$$= \int_{-\infty}^{+\infty} \frac{dp_i}{2\pi} e^{-i \frac{p_i^2}{2m} \Delta t - i V(x) \Delta t} e^{i p_i (x_i - x_{i-1})}$$

using Gauss integral $\int_{-\infty}^{+\infty} dx e^{-ax^2} = \sqrt{\frac{\pi}{a}}$

then what's the value of $\int_{-\infty}^{+\infty} dx e^{-iax^2} = ?$



For the contour $\oint = \int_1 + \int_2 + \int_3 + \int_4 = 0$, the contribution from 2 and 4 $\rightarrow 0$

$$\int_{-\infty}^{+\infty} dx e^{-ax^2} = \int_{-\infty}^{+\infty} dz \frac{e^{i\pi/4}}{e^{i\pi/4}} e^{-az^2} = \int_{-\infty}^{+\infty} dy e^{-ia y^2} \cdot e^{i\pi/4}$$

$$\Rightarrow \int_{-\infty}^{+\infty} dy e^{-ia y^2} = e^{-i\pi/4} \sqrt{\frac{\pi}{a}} = \sqrt{\frac{\pi}{ai}}$$

$$\Rightarrow iG(x_i, t_i; x_{i-1}, t_{i-1}) = \left(\frac{m}{2\pi i \Delta t} \right)^{1/2} \exp \left[i \left(\frac{m}{2} \frac{(x_i - x_{i-1})^2}{(\Delta t)^2} - V \left(\frac{x_i + x_{i-1}}{2} \right) \right) \Delta t \right]$$

$$\Rightarrow A = \left(\frac{m}{2\pi i \Delta t} \right)^{1/2} \text{ and } L(t, x, \dot{x}) = \frac{m}{2} \dot{x}^2 - V(x)$$

i.e.

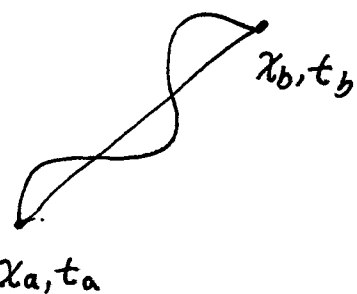
$$iG(x_b, t_b, x_a, t_a) = \left(\frac{m}{2\pi i \Delta t} \right)^{N/2} \int dx_1 \cdots dx_{N-1} e^{i \int_{t_a}^{t_b} dt \left(\frac{m}{2} \dot{x}^2 - V(x) \right)}$$

§ Evaluation of the path integral:

We can first find the saddle point solution, which corresponds to the solution of the classic path, and then evaluate the fluctuation parts. Let us consider the free space propagator as an example.

The classic path

$$X_c(t) = X_a + \frac{X_b - X_a}{t_b - t_a} (t - t_a)$$



The action of this part $\int_{t_a}^{t_b} L dt$

$$= \frac{m}{2} \dot{x}^2 (t_b - t_a) = \frac{m}{2} \frac{(X_b - X_a)^2}{t_b - t_a}$$

The fluctuations $\delta X_j = X_j - X_c(t_j)$, $\begin{cases} X_0 = X_a & \delta X_0 = \delta X_N = 0 \\ X_N = X_b \end{cases}$

$$iG(x_b, t_b; x_a, t_a) = \left(\frac{m}{2\pi i \Delta t} \right)^{N/2} \int dx_1 \cdots dx_{N-1} \prod_{i=1}^N \exp \left[i \frac{m}{2} \frac{(X_i - X_{i-1})^2}{\Delta t} \right]$$

$$\frac{(X_i - X_{i-1})^2}{\Delta t} = \frac{(X_c(t_i) - X_c(t_{i-1}))^2}{\Delta t} + \frac{(\delta X_i - \delta X_{i-1})^2}{\Delta t} + 2(\delta X_i - \delta X_{i-1}) \frac{X_b - X_a}{t_b - t_a}$$

Add together, the linear term of δX_i vanishes,

$$\Rightarrow i G(x_b t_b; x_a t_a) = \left(\frac{m}{2\pi i \Delta t} \right)^{N/2} e^{i S_c} \int dx_1 \dots dx_{N-1} \prod_{i=2}^{N-1} e^{i \frac{m}{2} \frac{(\delta x_i - \delta x_{i-1})^2}{\Delta t}} \cdot e^{i \frac{m}{2} [(\delta x_1)^2 + (\delta x_{N-1})^2]} \quad (4)$$

$$\cdot \exp \left[i \sum_{j,k} \delta x_j M_{jk} \delta x_k \right]$$

with $M_{jk} = \frac{m}{2\Delta t} \begin{bmatrix} 2 & -1 & & \\ -1 & 2 & -1 & \\ & & \ddots & \\ & & & -1 & 2 \end{bmatrix}$

$$\int dx_1 \dots dx_{N-1} \exp \left[i \sum_{j,k=1, \dots, N-1} \delta x_j M_{jk} \delta x_k \right] = \frac{(\sqrt{\pi})^{N-1}}{\sqrt{\text{Det}(-iM)}} \quad (\text{gaussian fluctuation})$$

tricks to calculate determinant of $M_N = \begin{pmatrix} 2\cosh u & -1 & & \\ -1 & 2\cosh u & -1 & \\ & & \ddots & \\ -1 & 2\cosh u & & \end{pmatrix}$

$$\begin{cases} \text{Det } M_N = 2\cosh u \text{ Det } M_{N-1} - \text{Det } M_{N-2} \end{cases}$$

$$\begin{cases} \text{Det } M_1 = 2\cosh u, \text{ Det } M_2 = 4\cosh^2 u - 1 \end{cases}$$

can be solved by the ansatz $\text{Det } M_N = a e^{nu} + b e^{-nu}$

$$\Rightarrow \text{Det } M_N = \frac{\sinh(N+1)u}{\sinh u} \rightarrow N+1 \text{ as } u \rightarrow 0$$

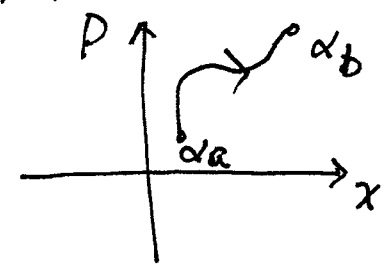
$$\Rightarrow \text{Det}(-i M_{jk}) = \left(\frac{m}{2\Delta t i} \right)^{N-1} N!$$

$$\Rightarrow i G(x_b t_b, x_a t_a) = \left(\frac{m}{2\pi i \Delta t} \right)^{N/2} \left(\frac{m}{2\pi i \Delta t} \right)^{-\frac{(N-1)}{2}} N^{-1/2} e^{i S_c}$$

$$i G(x_b t_b, x_a t_a) = \left(\frac{m}{2\pi i (t_b - t_a)} \right)^{1/2} e^{i S_c}$$

§ Coherent state path integral

Consider a harmonic oscillator $H = \omega a^\dagger a$, and we define the coherent state $|\alpha\rangle$ satisfying $a|\alpha\rangle = \alpha|\alpha\rangle$. The propagator in the coherent state Rep is even simpler.



$$iG(\alpha_b t_b; \alpha_a t_a) = \langle \alpha_b | U(t_b t_a) | \alpha_a \rangle$$

Resolution identity

$$\int \frac{d\text{Re}\alpha d\text{Im}\alpha}{\pi} |\alpha\rangle \langle \alpha| = 1$$

Plug in $|\alpha\rangle = e^{-\frac{|\alpha|^2}{2}} \sum_{n=0}^{\infty} \frac{\alpha^n}{\sqrt{n!}} |n\rangle$
 $= N_\alpha e^{\alpha a^\dagger} |0\rangle$

Proof: LHS = $\int \frac{d\text{Re}\alpha d\text{Im}\alpha}{\pi} e^{-|\alpha|^2} \sum_{nn'} \frac{\alpha^n \alpha'^{*n'}}{\sqrt{n!n'!}} |n\rangle \langle n'|$

= $\int \frac{d\theta}{\pi} |\alpha| d|\alpha| e^{-|\alpha|^2} \sum_n \frac{|\alpha|^{2n}}{n!} |n\rangle \langle n|$ ← For those $n \neq n'$, they vanish after $\int d\theta$

= $\sum_n \underbrace{\int_0^\infty d|\alpha|^2 \frac{e^{-|\alpha|^2}}{n!} (|\alpha|^2)^n}_{\Gamma\text{-function}} |n\rangle \langle n| = \sum_n |n\rangle \langle n| = 1$

Inner product

$$\langle \alpha | \alpha' \rangle = e^{-\frac{|\alpha|^2}{2}} e^{-\frac{|\alpha'|^2}{2}} \langle 0 | e^{\alpha^* \hat{a}} e^{\alpha' \hat{a}^\dagger} | 0 \rangle$$

$$e^{\alpha^* \hat{a}} e^{\alpha' \hat{a}^\dagger} = e^{\alpha' \hat{a}^\dagger} e^{\alpha^* \hat{a}} e^{\alpha^* \alpha' [\hat{a}, \hat{a}^\dagger]}$$

$$\Rightarrow \langle \alpha | \alpha' \rangle = e^{-\frac{1}{2}(|\alpha|^2 + |\alpha'|^2) + \alpha^* \alpha'}$$

$$iG(\alpha_b t_b; \alpha_a t_a) = \int \frac{d\alpha_1 \dots d\alpha_{N-1}}{\pi^{N-1}} iG(\alpha_b t_b, \alpha_{N-1} t_{N-1}) \dots iG(\alpha_1 t_1; \alpha_a t_a)$$

$$iG(\alpha_i t_i, \alpha_{i-1} t_{i-1}) = \langle \alpha_i | e^{-i\omega t \hat{a}^\dagger \hat{a}} | \alpha_{i-1} \rangle = e^{-i\omega t \alpha_i^* \alpha_{i-1}} \langle \alpha_i | \alpha_{i-1} \rangle$$

$$= e^{-i\omega t \alpha_i^* \alpha_{i-1}} - \frac{1}{2} |\alpha_i|^2 - \frac{1}{2} |\alpha_{i-1}|^2 + \alpha_i^* \alpha_{i-1}$$

$$= e^{-i\omega t \alpha_i^* \alpha_{i-1}} - \frac{1}{2} \alpha_i^* (\alpha_i - \alpha_{i-1}) + \frac{1}{2} \alpha_{i-1} (-\alpha_{i-1}^* + \alpha_i^*)$$

$$= e^{i\omega t} \left[-\omega \alpha_i^* \alpha_i + \frac{i}{2} (\alpha_i^* \dot{\alpha}_i - \dot{\alpha}_i^* \alpha_i) \right]$$

$$\Rightarrow iG(\alpha_b t_b; \alpha_a t_a) = \int \frac{\prod_{i=1}^{N-1} d\alpha_i^2}{\pi^{N-1}} e^{i \int_{t_a}^{t_b} dt \left[\frac{i}{2} (\alpha^* \dot{\alpha} - \dot{\alpha}^* \alpha) - \omega \alpha^* \alpha \right]}$$

$$\rightarrow \int D[\alpha(t)] e^{i \int_{t_a}^{t_b} dt \mathcal{L}}$$

$$\text{where } \mathcal{L} = \frac{i}{2} (\alpha^* \dot{\alpha} - \dot{\alpha}^* \alpha) - \omega \alpha^* \alpha = p \dot{x} - H.$$

§ Path integral Rep of partition function

$$Z(\beta) = \text{tr} e^{-\beta H} = \int dx \mathcal{Y}(x, x, \beta) \text{ where } \beta = \frac{1}{k_B T}$$

$$\mathcal{Y}(x_b, x_a; \beta) \equiv \langle x_b | e^{-\beta H} | x_a \rangle$$

$$= \left(\frac{m}{2\pi\hbar\beta} \right)^{N/2} \int_{D\mathcal{X}(z)} e^{-\int_0^\beta dz \left[\frac{m}{2} \left(\frac{dx}{dz} \right)^2 + V(x) \right]}$$

$$\Rightarrow Z(\beta) = \int D\mathcal{X}(z) e^{-\oint dz \left[\frac{m}{2} \left(\frac{dx}{dz} \right)^2 + V(x) \right]} \text{ for closed path } \mathcal{X}(0) = \mathcal{X}(\beta).$$

$$g(x_b, x_a, z) \Big|_{z=it} = i G(x_b, x_a; t)$$

imaginary time path integral

Lect 2: Path integral — instantons (warm up). ①

§1. Consider a single particle potential $H = \frac{p^2}{2m} + V(x)$.

We use the imaginary time path integral

$$\langle x_f | e^{-H T / \hbar} | x_i \rangle = A \cdot \int [Dx(\tau)] e^{-\frac{S}{\hbar}}$$

A_N : const from integral measure.

$$= A \int [Dx(\tau)] \exp \left\{ - \int_{-T/2}^{T/2} \frac{d\tau}{\hbar} \left[\frac{m}{2} \left(\frac{dx}{d\tau} \right)^2 + V(x) \right] \right\}$$

Search for classic paths with the following boundary condition

$$x\left(\frac{T}{2}\right) = x_f \quad \text{and} \quad x\left(-\frac{T}{2}\right) = x_i$$

$\Rightarrow$ classic path

$$\bar{x}(\tau) : \quad \frac{\delta S_c}{\delta \bar{x}} = -m \frac{d^2 \bar{x}}{d\tau^2} + \frac{d}{dx} V(x) \Big|_{x=\bar{x}(\tau)} = 0$$

Consider small fluctuations. $x(\tau) = \bar{x}(\tau) + \delta \bar{x}(\tau)$

with $\delta \bar{x}(\tau) = 0$ at $\tau = -T/2$, and $T/2$

$$S = \int \left[\frac{m}{2} \left(\frac{dx}{d\tau} \right)^2 + V(x) \right] d\tau = \int \left(\frac{m}{2} \frac{d\bar{x}}{d\tau} + V(\bar{x}) \right) d\tau + \int \frac{m}{2} \left(\frac{d\delta \bar{x}}{d\tau} \right)^2 + \frac{1}{2} V''(\bar{x}(\tau)) (\delta \bar{x})^2$$

where $V'' = \frac{d^2 V}{dx^2}$

$$= S_c(\bar{x}(\tau)) + \int_{-T/2}^{T/2} d\tau \frac{1}{2} \delta \bar{x}(\tau) \left[-m \frac{d^2}{d\tau^2} + V''(\bar{x}(\tau)) \right] \delta \bar{x}(\tau)$$

$$\Rightarrow \langle x_f | e^{-H\tau/\hbar} | x_i \rangle \simeq A e^{-\frac{S(\bar{x}(\tau))}{\hbar}} \left\{ \det \left[-m \frac{d^2}{dz^2} + V''(\bar{x}(z)) \right] \right\}^{-1/2}$$

Suppose we can solve the eigen spectra and orth-normal eigenfunction

$$\left\{ -m \frac{d^2}{dz^2} + V''(\bar{x}(z)) \right\} \chi_n(z) = \lambda_n \chi_n(z) \text{ with } \chi_n(-\frac{T}{2}) = \chi_n(\frac{T}{2}) = 0$$

then we express $\delta x(z) = \sum_n C_n \chi_n(z)$

$$\Rightarrow \int_{-T/2}^{T/2} dz \frac{1}{2} \delta x(z) \left[-m \frac{d^2}{dz^2} + V'' \right] \delta x_n(z) = \frac{1}{2} \sum_n \lambda_n C_n^2$$

$$\rightarrow \int D x(z) e^{-\delta S/\hbar} \simeq \prod_n \int_{-\infty}^{+\infty} dC_n e^{-\frac{1}{2} \lambda_n C_n^2} \simeq \left[\prod_n \lambda_n^{-1/2} \right] = \left\{ \det \left[-m \frac{d^2}{dz^2} + V'' \right] \right\}^{-1/2}$$

where we drop all the constants.

Example: consider a harmonic potential $V(x) = \frac{1}{2} m \omega^2 x^2$, and

$$x_i = x_f = 0. \text{ Calculate } \langle 0 | e^{-H\tau/\hbar} | 0 \rangle = \left[\frac{m\omega}{2\pi\hbar \sinh \omega\tau} \right]^{1/2}.$$

It's obvious that $\bar{x}(z) = 0$. For fluctuations

$$\left\{ -m \frac{d^2}{dz^2} + m\omega^2 \right\} \chi_n(z) = \lambda_n \chi_n(z)$$

$$\Rightarrow \chi_n(z) = \begin{cases} \cos\left(\frac{n\pi}{T} z\right) \frac{1}{\sqrt{2T}}, & n=1, 3, \dots \\ \sin\left(\frac{n\pi}{T} z\right) \frac{1}{\sqrt{2T}}, & n=2, 4, \dots \end{cases} \Rightarrow \lambda_n = m \left\{ \omega^2 + \left(\frac{n\pi}{T} \right)^2 \right\}$$

$$\Rightarrow \langle 0 | e^{-HT/\hbar} | 0 \rangle = A \prod_{n=1}^{\infty} \left[\frac{m}{2\pi i \hbar} (\omega^2 + \left(\frac{n\pi}{T}\right)^2) \right]^{-1/2} = A' \prod_{n=1}^{\infty} \left[1 + \left(\frac{\omega T}{n\pi}\right)^2 \right]^{-1/2} \quad (3)$$

we do not know A' but it can be calibrated through the free space result:

$$\begin{aligned} \langle 0 | e^{-iHt/\hbar} | 0 \rangle &= \left(\frac{m}{2\pi i \hbar} \right)^{1/2} \xrightarrow{\text{Set } \omega \rightarrow 0} \left(\frac{m}{2\pi T \hbar} \right)^{1/2} = A'_N \\ \Rightarrow \langle 0 | e^{-HT/\hbar} | 0 \rangle &= \left(\frac{m}{2\pi T \hbar} \right)^{1/2} \left[\prod_{n=1}^{\infty} \left(1 + \left(\frac{\omega T}{n\pi}\right)^2 \right) \right]^{-1/2} = \left(\frac{m}{2\pi T \hbar} \right)^{1/2} \left(\frac{\sinh \omega T}{\omega T} \right)^{-1/2} \\ &= \left[\frac{m \omega}{2\pi \hbar \sinh \omega T} \right]^{1/2} \end{aligned}$$

Lemma to calculate $\det \left[-m \frac{d^2}{dz^2} + V'' \right]$:

Suppose $\left[-m \frac{d^2}{dz^2} + W(t) \right] \psi = \lambda \psi$, where ψ satisfies

the boundary condition $\psi(-T/2) = 0$

$$\left\{ \frac{d}{dz} \psi \right|_{z=-T/2} = 1$$

Let $W_1(t)$ and $W_2(t)$ be two functions of t , and $\psi_{1,2}(t)$ be the corresponding solutions for the above boundary condition; then

we have

$$\frac{\det \left[-m \partial_z^2 + W_1(t) - \lambda \right]}{\det \left[-m \partial_z^2 + W_2(t) - \lambda \right]} = \frac{\psi_{1,\lambda}(\frac{T}{2})}{\psi_{2,\lambda}(\frac{T}{2})}$$

Proof: treat λ as a continuous variable. Both sides are semi-analytical functions of λ . As $\lambda \rightarrow \lambda_{1,n}$, $\psi_{1,\lambda_{1,n}}(\frac{T}{2}) \rightarrow 0$, and $\lambda \rightarrow \lambda_{2,n}$, $\psi_{2,\lambda_{2,n}}(\frac{T}{2}) \rightarrow 0$ as assumed.

In these cases, $\det[-m\partial_z^2 + W_{1,2}(z) - \lambda] \rightarrow 0$ for $\lambda \rightarrow \lambda_{1,n}$ and $\lambda_{2,n}$, respectively. Then both sides have the same pattern of zeros and poles, thus they must be equal up to a constant.

Then as $|\lambda| \rightarrow \infty$, both sides $\rightarrow 1$, $\Rightarrow$ LHS = RHS.

Exercise: use this method, calculate $\langle 0 | e^{-HT/\hbar} | 0 \rangle$ for

$$V = \frac{1}{2} m \omega^2 x^2 \text{ again.}$$

$$\langle 0 | e^{-HT/\hbar} | 0 \rangle = A \left[\det \left[-m \frac{d^2}{dz^2} + m\omega^2 \right] \right]^{-1/2}$$

$$\left[\frac{\det \left[\frac{m}{\hbar} \left(-\frac{d^2}{dz^2} + \omega^2 \right) \right]}{\det \frac{m}{\hbar} \left(-\frac{d^2}{dz^2} \right)} \right] = \frac{\psi_{\omega, \lambda=0}(T/2)}{\psi_{\omega=0, \lambda=0}(T/2)}$$

$$\text{For } \omega=0, \lambda=0 \Rightarrow \psi_{\omega=0, \lambda=0}(z) = z + T/2$$

$$\omega, \lambda=0 \Rightarrow \left(\frac{d^2}{dz^2} - \omega^2 \right) \psi(z) = 0 \Rightarrow \psi_{\omega, \lambda=0}(z) = \frac{\sinh(\omega(z + T/2))}{\omega}$$

$$\Rightarrow \frac{\det m \left(-\frac{d^2}{dz^2} + \omega^2 \right)}{\det m \left(-\frac{d^2}{dz^2} \right)} = \frac{\sinh \omega(z + T/2)}{\omega(z + T/2)} \Big|_{z=T/2} = \frac{\sinh \omega T}{\omega T}$$

For $\det \left[-\frac{m}{\hbar} \frac{d^2}{dz^2} \right]$: $\langle 0 | e^{-HT/\hbar} | 0 \rangle_{\omega=0} = A \det \left[-\frac{m}{\hbar} \frac{d^2}{dz^2} \right]$

$$= \int_{-\infty}^{+\infty} \frac{dp}{2\pi\hbar} \cdot \langle 0 | p \rangle \langle p | 0 \rangle e^{-\frac{p^2 T}{2m\hbar}} = \frac{1}{2\pi\hbar} \left(\frac{\pi}{T/2m\hbar} \right)^{1/2}$$

$$= \left(\frac{m}{2\pi\hbar T} \right)^{1/2}$$

$$\Rightarrow \langle 0 | e^{-HT/\hbar} | 0 \rangle = A \det \left[-\frac{m}{\hbar} \frac{d^2}{dz^2} \right] \frac{\det \left[\frac{m}{\hbar} \left(-\frac{d^2}{dz^2} + \omega^2 \right) \right]}{\det \left[\frac{m}{\hbar} \left(-\frac{d^2}{dz^2} \right) \right]}$$

$$= \left(\frac{m}{2\pi\hbar T} \right)^{1/2} \left(\frac{\sinh \omega T}{\omega T} \right)^{-1/2} = \left(\frac{m\omega}{2\pi\hbar \sinh \omega T} \right)^{1/2}$$

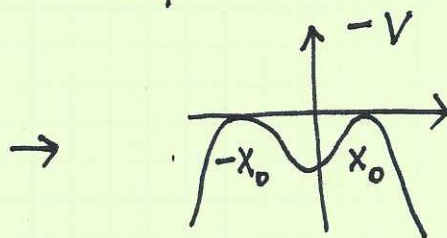
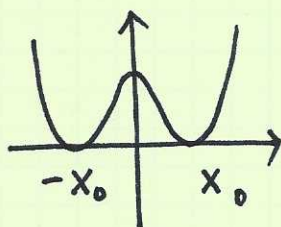
$$\xrightarrow{T \rightarrow \infty} \frac{m\omega}{\pi\hbar} e^{-\omega T/2}$$

Compare with $\langle 0 | e^{-HT/\hbar} | 0 \rangle \rightarrow \langle 0 | e^{-E_0 T/\hbar} | 0 \rangle = \left(\frac{m\omega}{\pi\hbar} \right)^{1/2} e^{-\omega T/2}$

Instantons: double well problem

①

Consider the potential $V(x) = \frac{mg}{4}(x^2 - x_0^2)^2$

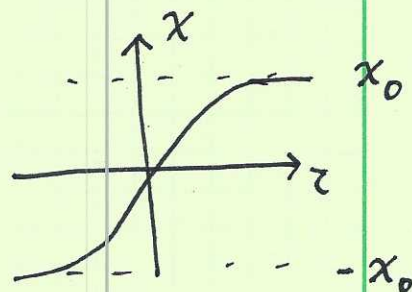


at $x = \pm x_0$, the local frequency $\omega_0 \approx g x_0^2$

Now we calculate $\langle x_0 | e^{-HT/\hbar} | -x_0 \rangle = A \int D x(z) e^{-\int_{-T/2}^{T/2} dz \left[\frac{m}{2} \left(\frac{dx}{dz} \right)^2 + V(x) \right]}$

① figure out the classic path $\rightarrow$ motion in the potential of $-V(x)$

$$\frac{dx}{dz} = \sqrt{\frac{2V(x)}{m}} \Rightarrow \int dz = \int \frac{dx}{\sqrt{2V(x)/m}}$$



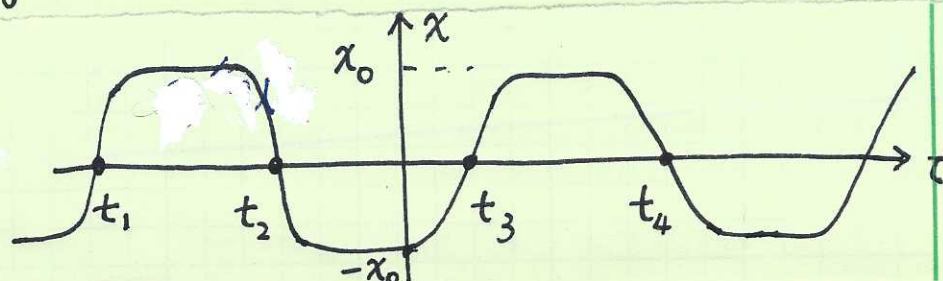
$$\Rightarrow z = -T/2 + \int_{-x_0}^x dx' \left(\frac{2V(x')}{m} \right)^{-1/2}$$

$$\begin{cases} x(-T/2) = -x_0 \end{cases}$$

classic action $S_0 = \int_{-T/2}^{T/2} \frac{dz}{\hbar} \left[\frac{m}{2} \left(\frac{dx}{dz} \right)^2 + V(x) \right] = \int_{-T/2}^{T/2} \frac{dz}{\hbar} m \left(\frac{dx}{dz} \right)^2$

$$= \int_{-x_0}^{x_0} dx \left(\frac{dx}{dz} \right) \frac{m}{\hbar} = \frac{m}{\hbar} \int_{-x_0}^{x_0} dx \sqrt{\frac{2mV(x)}{\hbar}}$$

At large $T \rightarrow +\infty$, we can have other classic paths



a configuration with n -instanton / anti-instanton

The leading order contribution $S = n S_0 \leftarrow$ contribution around
 turning point contribution $t \approx t_1, t_2, \dots, t_4.$

At other time, i.e. $t \neq t_1, t_2, \dots$, the particle is mainly at $\pm x_0$
 where $V''(x) = m\omega_0^2$. This gives the contribution $\left(\frac{m\omega_0}{\pi\hbar}\right)^{1/2} e^{-\omega T/2}$

Now let's integrate out all the possible location of centers.

$$\int_{-T/2}^{T/2} d\tau_1 \int_{-T/2}^{\tau_1} d\tau_2 \dots \int_{-T/2}^{\tau_{n-1}} d\tau_n = \frac{T^n}{n!} \Rightarrow$$

$$\langle x_0 | e^{-HT/\hbar} | -x_0 \rangle = \left(\frac{m\omega_0}{\pi\hbar}\right)^{1/2} e^{-\omega T/2} \sum_{n \in \text{odd}} \frac{(K e^{-S_0/\hbar} T)^n}{n!}$$

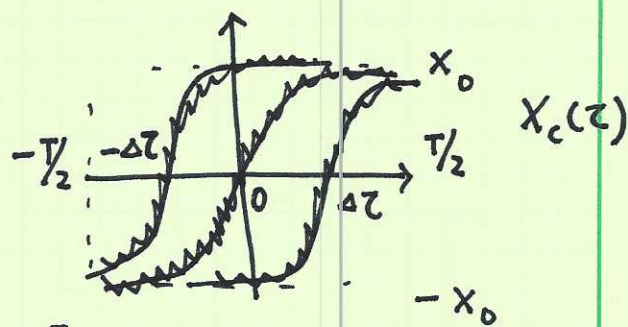
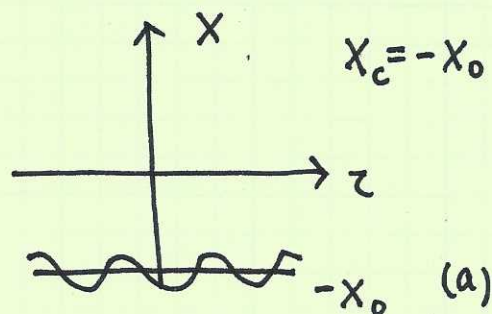
$$\text{Similarly } \langle -x_0 | e^{-HT/\hbar} | -x_0 \rangle = \left(\frac{m\omega_0}{\pi\hbar}\right)^{1/2} e^{-\omega T/2} \sum_{n \in \text{even}} \frac{(K e^{-S_0/\hbar} T)^n}{n!}$$

$$\Rightarrow \langle \pm x_0 | e^{-HT/\hbar} | -x_0 \rangle = \left(\frac{m\omega_0}{\pi\hbar}\right)^{1/2} e^{-\omega T/2} \begin{cases} \cosh(KT e^{-S_0/\hbar}) \\ \sinh(KT e^{-S_0/\hbar}) \end{cases}$$

Extract the time dependent part $\Rightarrow E_{1,2} = \frac{\hbar \omega_0}{2} \mp \hbar K e^{-S_0/\hbar}$ ③

§ Evaluation of K (K carry unit of frequency)

Compare the sector of zero instanton, and one instanton



instanton can occur

at any time between $-T/2$ and $T/2$

$$\text{define } K T e^{-S_0/\hbar} = \frac{\int_{X_c} D X e^{-S/\hbar}}{\int_{X \approx -X_0} D X e^{-S/\hbar}} \quad \begin{array}{l} \leftarrow \text{around (b)} \\ \leftarrow \text{config around (a)} \end{array}$$

then LHS and RHS both dimensionless.

¶ For RHS, we only need to choose an instanton configuration located at $\tau=0$. The other instantons are not independent, but can be viewed as zero mode fluctuations, i.e. if

$X_c(\tau)$ is a classic solution, so does $X_c(\tau + \Delta\tau)$

$$\Rightarrow X_c(\tau + \Delta\tau) = X_c(\tau) + \Delta\tau \frac{d}{d\tau} X_c(\tau)$$

Since $X_c(z+\Delta z)$ and $X_c(z)$ give the same minimal action $\Rightarrow$

$\frac{d}{dz} X_c(z)$ is a zero mode. We can prove explicitly

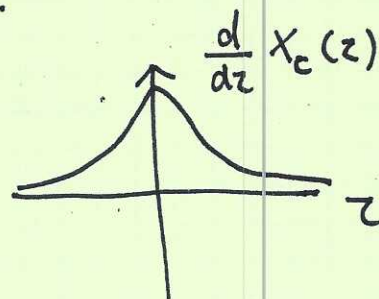
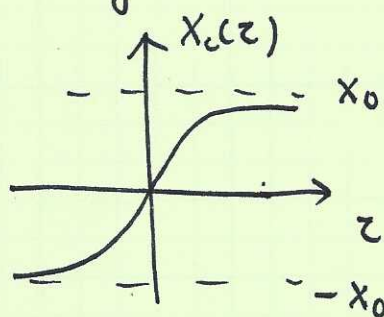
the classic solution satisfies $-m \frac{d^2 X_c(z)}{dz^2} + V'(X_c(z)) = 0$

$$\Rightarrow \boxed{-m \frac{d^2}{dz^2} \left(\frac{d}{dz} X_c(z) \right) + V''(X_c(z)) \left(\frac{d}{dz} X_c(z) \right) = 0}$$

Now near $X = X_c(z)$, $S = S_0 + \int_{-T/2}^{T/2} \delta X \left[-\frac{m}{2} \frac{d^2}{dz^2} + \frac{V''(X_c(z))}{2} \right] \delta X$

$$\Rightarrow \boxed{\int_{X_c} D\delta X e^{-S/\hbar} = e^{-S_0/\hbar} \int_{X_c} D\delta X e^{-\frac{1}{\hbar} \int dz \delta X \left(-\frac{m}{2} \frac{d^2}{dz^2} + \frac{V''(X_c(z))}{2} \right) \delta X}}$$

Since $\frac{d}{dz} X_c(z)$ is a zero mode of $-\frac{m}{2} \frac{d^2}{dz^2} + V''(X_c(z))$, the ~~for~~ path integral will need special care.



Let us discretize the functional integral to have a better understanding

$$\int_{X_c} D\delta X e^{-\frac{1}{\hbar} \int dz \delta X \left(-\frac{m}{2} \frac{d^2}{dz^2} + V'' \right) \delta X} = A \int \prod_{i=1}^N d\delta X_i \exp \left[-\frac{1}{2\hbar} \sum_{i,j=1}^N \delta X_i \left(-m(\Delta z)^{-2} \Delta + V'' \right) \delta X_j \right]$$

$$= A \left(\sqrt{\frac{2\pi}{\Delta z}} \right)^N / \left\{ \text{Det} \left[-m (\Delta z)^{-2} \Delta + V'' \right] \right\}^{1/2}$$

(Δ is the discretized laplacian)

Now let's expand δX_i in terms of orthonormal basis of eigenstates of $-m \frac{d^2}{dz^2} + V''$

$$\delta X_i = C_1 \varphi_1(z_i) + \sum_{n=2}^N C_n \varphi_n(z_i) \quad \text{and } \varphi_n(z_i) \text{ is normalized}$$

$$\text{as } \sum_i \Delta z \varphi_j(z_i) \varphi_{j'}(z_i) = \delta_{jj'} \Rightarrow \det [(\Delta z)^{1/2} \varphi_j(z_i)] = 1$$

orth-normal

$$\text{or } \det [\varphi_j(z_i)] = (\Delta z)^{-N/2}$$

The Jacobian change from $\prod_{i=1}^N dx_i \rightarrow \prod_{i=1}^N dC_n$

$$\prod_{i=1}^N dx_i = \prod_{i=1}^N dC_i \left| \frac{\partial x_i}{\partial C_j} \right| = \prod_{i=1}^N dC_i \det [\varphi_j(z_i)]$$

$$= \prod_{i=1}^N \left[dC_i (\Delta z)^{-1/2} \right]$$

$$\Rightarrow \int_{x_c} D\delta x \, e^{-S} = A \int \prod_{i=1}^N \left[dC_i (\Delta z)^{-1/2} \right] \exp \left[- \sum_{j=1}^N \frac{\Delta z}{2} \lambda_j C_j^2 \right]$$

$$= A \int dC_1 (\Delta z)^{-1/2} \int \prod_{i=2}^N dC_i (\Delta z)^{-1/2} \exp \left[- \sum_{j=2}^N \frac{\Delta z}{2} \lambda_j C_j^2 \right]$$

$$= A \int dC_1 (\Delta z)^{-1/2} \left(\frac{2\pi}{\Delta z} \right)^{N-1} \text{Det}' \left[-m \frac{d^2}{dz^2} + V''(x_c) \right]$$

zero mode excluded

(6)

$$\Rightarrow K T e^{-S_0/\hbar} = A e^{-S_0/\hbar} (\Delta\tau)^{-\frac{N}{2}} \left(\frac{2\pi\hbar}{N} \right)^{\frac{N-1}{2}} \left[\text{Det}' \left[-m \frac{d^2}{d\tau^2} + V''(x_c) \right] \right]^{-1/2} \int dC_1$$

$$\frac{1}{A (\Delta\tau)^{-N/2} \left(\frac{2\pi\hbar}{N} \right)^{\frac{N}{2}} \left\{ \text{Det} \left[-m \frac{d^2}{d\tau^2} + V''(-x_0) \right] \right\}^{-1/2}}$$

$$K T = \int \frac{dC_1}{\sqrt{2\pi\hbar}} \left\{ \frac{\text{Det}' \left[-m \frac{d^2}{d\tau^2} + V''(x_c) \right]}{\text{Det} \left[-m \frac{d^2}{d\tau^2} + V''(-x_0) \right]} \right\}^{-1/2}$$

now we need to figure out the relation $\int dC_1$ and $\int_{-T/2}^{T/2} d\tau = T$.

Let's normalize $\phi_i(\tau) \propto \dot{x}_c(\tau) \leftarrow$ (zero mode)

$$S_0 = \int d\tau \frac{1}{2} m \dot{x}_c^2 + V(x_c) = \int d\tau m \dot{x}_c^2 = m \Delta\tau \sum_{i=1}^N \left(\frac{\Delta x_c}{\Delta\tau} \right)^2$$

$$\Rightarrow \Delta\tau \sum_{i=1}^N \left(\frac{\dot{x}_c(\tau_i)}{\sqrt{S_0/m}} \right)^2 = 1 \Rightarrow \phi_i(\tau) = \frac{\dot{x}_c(\tau)}{\sqrt{S_0/m}}$$

For $\delta x(\tau) = \frac{C_1}{\sqrt{S_0/m}} \dot{x}_c(\tau)$, $\rightarrow$ correspond a shift

$x_c(\tau) \rightarrow x_c(\tau + \Delta\tau)$ with

$$\Delta\tau = \frac{C_1}{\sqrt{S_0/m}}$$

Since the interval for $\Delta\tau \in [-T/2, T/2] \Rightarrow C_1$'s interval

$$-\sqrt{S_0/m} \frac{T}{2} \leq C_1 \leq \sqrt{S_0/m} \frac{T}{2} \Rightarrow \int dC_1 = \sqrt{\frac{S_0}{m}} \int d\tau = \sqrt{\frac{S_0}{m}} T$$

$$\Rightarrow K T = \sqrt{\frac{S_0}{2\pi m \hbar}} T \lim_{N \rightarrow \infty} \left\{ \frac{\text{Det}' \left[-m \frac{d^2}{dz^2} + V''(x_0) \right]}{\text{Det} \left[-m \frac{d^2}{dz^2} + V''(x_0) \right]} \right\}^{-1/2}$$

$$K = \sqrt{\frac{S_0}{2\pi \hbar}} \lim_{N \rightarrow \infty} \left\{ \frac{\text{Det}' \left[-\frac{d^2}{dz^2} + \frac{1}{m} V''(x_0) \right]}{\text{Det} \left[-\frac{d^2}{dz^2} + \frac{1}{m} V''(x_0) \right]} \right\}^{-1/2}$$

← please note
the absorption
of 'm'.

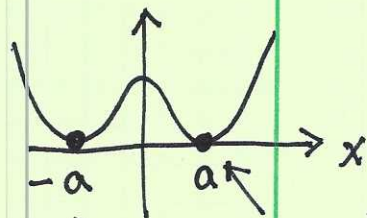
Check unit: eigenvalues of Det has unit T^{-2} , Det' has one less eigenvalues than Det, $\Rightarrow [K] = (T^{-2})^{-1 \times (-1/2)} = T^{-1}$

K carries frequency's unit, correct!

We have shown that eigenvalues of $-\frac{d^2}{dz^2} + \frac{1}{m} V''(x_0)$ are all positive definite. How about $-\frac{d^2}{dz^2} + \frac{1}{m} V''(x_c)$?

Since its zero mode $\phi_1(z)$ is nodeless, it must be the mode with lowest eigenvalue, so all other modes' eigenvalue must be positive

$\Rightarrow$ K is real.



Consider a concrete potential $V(x) = \frac{m\omega^2(x^2 - a^2)^2}{8a^2} \sim \frac{1}{2}m(x-a)^2$

it can be calculated in J. Zinn-Justin (QFT and critical phenomena 1993)

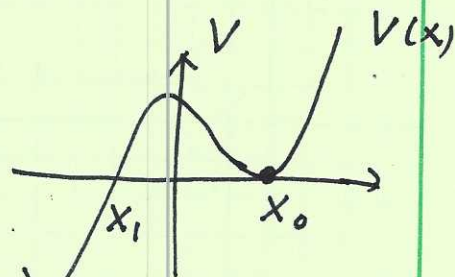
$$\frac{\det' \left[-\frac{d^2}{dz^2} + V''(x_{cl}) \right]}{\det \left[-\frac{d^2}{dz^2} + \omega^2 \right]} = \frac{1}{12} \omega^{-2}$$

$$S_0 = \frac{2}{3} m \omega a^2$$

$$\Rightarrow K = \sqrt{\frac{2 m \omega a^2}{3 \pi \hbar \cdot 2}} \sqrt{12} \omega = 2 \omega \sqrt{\frac{m \omega a^2}{\hbar}}$$

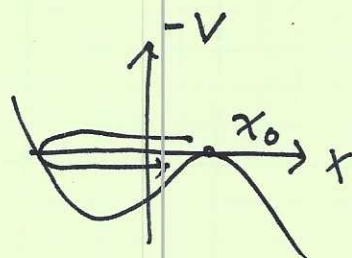
{ Decay of a false vacuum

Consider the potential $V(x)$, at put particle at x_0 . We calculate $\langle x_0 | e^{-HT} | x_0 \rangle$



$$\langle x_0 | e^{-HT} | x_0 \rangle = A \int D[x(z)] \exp \left[- \int_{-T/2}^{T/2} \frac{dz}{\hbar} \left(\frac{m}{2} \left(\frac{dx}{dz} \right)^2 + V(x) \right) \right]$$

The classic path $m \frac{d^2 x(z)}{dz^2} = V'(x)$



Again we have

$$\begin{aligned} \langle x_0 | e^{-HT} | x_0 \rangle &= e^{-T\omega/2} \sum_n \int_{-T/2}^{T/2} d\tau_1 \int_{\tau_1}^{T/2} d\tau_2 \cdots \int_{\tau_{n-1}}^{T/2} d\tau_n (K e^{-S_0})^n \\ &= \exp[K T e^{-S_0}] e^{-T\omega/2} \end{aligned}$$

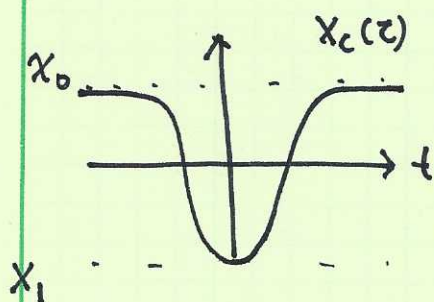
However, the " K " here is not real, but imaginary. If we

go back to real time, we have $T \rightarrow iT$,

$$\langle x_0 | e^{iHT} | x_0 \rangle = e^{-iT\frac{\omega_0}{2}} \underbrace{e^{-T|K|e^{-S_0}}}_{\text{the decay probability.}}$$

(9)

The difference from the double well solution: we don't have an instanton, but a "bounce" solution for $\bar{e}^{S_0}$

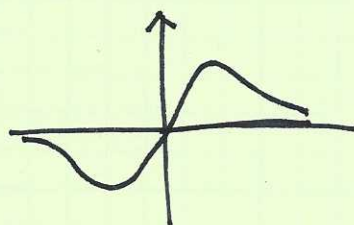


the particle cannot stop at X_1 and must come back.

The zero mode of $-\frac{d^2}{dz^2} + V''(X_c)$

ψ

behaves like:



$$\psi(z) = \frac{d}{dz} X_c(z)$$

Since $\psi(z)$ has one node, there must be an eigenmode with lower energy (i.e. negative). As a result, $\left[\text{Det} \left[-\frac{d^2}{dz^2} + \frac{1}{m} V''(X_c) \right] \right]^{-1/2}$

becomes imaginary. $\rightarrow K = i |K|$

①

path integral for dissipative system

Consider a QM system $H_p = \frac{p^2}{2m} + V(q)$, which further couples to an environment. The environment is described by a bunch of harmonic

oscillators $H_B[q_\alpha] = \sum_{\alpha=1}^N \left(\frac{\dot{p}_\alpha^2}{2m_\alpha} + \frac{m_\alpha}{2} \omega_\alpha^2 q_\alpha^2 \right)$, and the coupling

between them is linear to q_α , as $H_c = - \sum_{\alpha=1}^N f_\alpha(q) q_\alpha$.

Then consider the survival probability of a particle confined to a metastable minimum at $q=a$

$$\langle a | e^{-i\hat{H}t} | a \rangle = \int_{q(0)=q(t)=a} Dq \, e^{iS_p[q]} \int Dq_\alpha \, e^{iS_B[q_\alpha] + iS_c[q, q_\alpha]}$$

where $S_p[q] = \int_0^t dt \left(\frac{m}{2} \dot{q}^2 - V(q) \right)$, $S_B = \int_0^t dt \sum_{\alpha} \frac{m_\alpha}{2} (\dot{q}_\alpha^2 - \omega_\alpha^2 q_\alpha^2)$

$$S_c[q] = - \int_0^t dt \sum_{\alpha} f_\alpha(q) q_\alpha$$

Now we change to Euclidean Rep, and integrate out environment degrees of freedom

$$\int Dq_\alpha \, e^{- \int_0^\beta d\tau \left[\left(\frac{m}{2} \frac{dq_\alpha}{d\tau} \right)^2 + \omega_\alpha^2 q_\alpha^2 + f_\alpha(q) q_\alpha \right]}$$

Perform Fourier transform $q(\tau) = \sum_{i\omega_n} q(i\omega_n) e^{-i\omega_n \tau}$

$$f_\alpha(q) = \sum_{i\omega_n} f_{\alpha, \omega_n}(q) e^{-i\omega_n \tau}$$

Then, the above Eq = $\int Dq_\alpha e^{-\beta \sum_{\omega_n} \left[\frac{m}{2} (\omega_n^2 + \omega_\alpha^2) q_\alpha(i\omega_n) q_\alpha(-i\omega_n) + f_{\alpha, -\omega_n}(q) q_\alpha(i\omega_n) \right]}$ (2)

$$= \int Dq_\alpha \exp \left[-\beta \sum_{i\omega_n} \frac{m(\omega_n^2 + \omega_\alpha^2)}{2} \left[q_\alpha(i\omega_n) + \frac{f_{\alpha, \omega_n}}{m(\omega_n^2 + \omega_\alpha^2)} \right] \left[q_\alpha(-i\omega_n) + \frac{f_{\alpha, -\omega_n}}{m(\omega_n^2 + \omega_\alpha^2)} \right] \right]$$

$$\cdot \exp \left[\beta \sum_{\omega_n} \frac{f_{\alpha, \omega_n}(q) f_{\alpha, -\omega_n}(q)}{2 m_\alpha (\omega_n^2 + \omega_\alpha^2)} \right]$$

The integral over q_α is still Gaussian, which gives a q -independent result. Let us consider a simple case, that f_α is a linear function

$$f_\alpha[q(z)] = C_\alpha q(z) \rightarrow f_{\alpha, \omega_n} = C_\alpha q(i\omega_n)$$

$$\Rightarrow S_{\text{eff}}[q] = S_p(q) - \frac{\beta}{2} \sum_{i\omega_n, \alpha} \frac{C_\alpha^2 q(i\omega_n) q(-i\omega_n)}{m_\alpha (\omega_n^2 + \omega_\alpha^2)}$$

we would like to subtract a frequency independent term

$$\frac{1}{\omega_n^2 + \omega_\alpha^2} \rightarrow \frac{1}{\omega_n^2 + \omega_\alpha^2} - \frac{1}{\omega_\alpha^2} = \frac{-\omega_n^2}{\omega_\alpha^2 (\omega_n^2 + \omega_\alpha^2)}$$

The coupling shift the potential

$$V(q) \rightarrow V(q) + \left(\frac{1}{2} \sum_\alpha \frac{C_\alpha^2}{\omega_\alpha^2 m_\alpha} \right) q^2, \quad \underline{C \text{ carries the unit of } m\omega^2}.$$

This shift is non-interesting, we neglect it. then we arrive at

$$S_{\text{eff}}[q] = S_p[q] + \beta \sum_{i\omega_n} q(i\omega_n) K(i\omega_n) q(-i\omega_n), \text{ where}$$

$$K(i\omega_n) = \frac{1}{2} \sum_\alpha \frac{C_\alpha^2 \omega_n^2}{m_\alpha \omega_\alpha^2 (\omega_\alpha^2 + \omega_n^2)}$$

Define spectra density $J(\omega) = \frac{\pi}{2} \sum_{\alpha} \frac{C_{\alpha}^2}{m_{\alpha} \omega_{\alpha}} \delta(\omega - \omega_{\alpha})$

then $K(i\omega_n) = \int_0^{+\infty} \frac{d\omega}{\pi} J(\omega) \frac{\omega_n^2}{\omega(\omega^2 + \omega_n^2)}$. Consider a weight of

Ohmic damping $J(\omega) = \eta \omega$. J 's unit = $[m\omega^2]$ $[\eta] = m\omega$.

$$K(i\omega_n) = \int_0^{+\infty} \frac{d\omega}{\pi} \eta \frac{\omega_n^2}{\omega^2 + \omega_n^2} = \frac{|\omega_n| \eta}{\pi} \int_0^{\infty} dx \frac{1}{x^2 + 1} = \frac{\eta}{2} |\omega_n|,$$

then go back to time-domain

$$q(i\omega_n) = \frac{1}{\beta} \int_0^{\beta} dz q(z) e^{i\omega_n z} \quad K(i\omega_n) = \frac{1}{\beta} \int_0^{\beta} dz' K(z') e^{-i\omega_n z'}$$

$$\rightarrow \beta \beta^{-3} \int_0^{\beta} dz \int_0^{\beta} dz' \int_0^{\beta} dz'' q(z) q(z') \sum_{\omega_n} e^{i\omega_n(z-z'-z'')} K(z'')$$

$$= \beta^{-1} \int_0^{\beta} dz \int_0^{\beta} dz' q(z) K(z-z') q(z')$$

$$\begin{aligned} \left(\frac{1}{\beta} \sum_{\omega_n} e^{i\omega_n(z-z'-z'')} \right) &= \sum_m \delta(z-z'-z''+m\beta) \\ \omega_n &= \frac{2n\pi}{\beta} \end{aligned}$$

~~we neglect~~ ($K(z)$ is also a periodical function of z)

$z-z'$ may go outside $[0, \beta]$, which is equivalent

to put $z-z'$ inside $[0, \beta]$, but keep all possible $m \neq 0$ in (*)

$$\Rightarrow S_{\text{eff}}[q] = S_p[q] + \beta^{-1} \int_0^{\beta} dz \int_0^{\beta} dz' q(z) K(z-z') q(z')$$

K 's unit: $[K] = [m\omega^2]$.

Now we calculate $K(z-z')$:

$$K(z) = \sum_n K(\omega_n) e^{i\omega_n z} = \frac{\eta}{2} \sum_n |\omega_n| e^{i\omega_n z} = \eta \sum_{n=1}^{\infty} \frac{2n\pi}{\beta} e^{in \frac{2\pi}{\beta} (z+i0^+)}$$

$$\text{Set } x = \frac{2\pi}{\beta}, \quad \sum_{n=1}^{\infty} n x e^{inx(z+i0^+)} = -i \frac{\partial}{\partial z} \sum_{n=1}^{\infty} e^{inx(z+i0^+)}$$

$$= -i \frac{\partial}{\partial z} \sum_{n=0}^{\infty} e^{inx(z+i0^+)} = -i \frac{\partial}{\partial z} \frac{1}{1 - e^{ix(z+i0^+)}}$$

$$= -i \frac{x(-1)ie^{ixz}}{(1 - e^{ixz})^2} = \frac{x}{(e^{-i\frac{xz}{2}} - e^{\frac{ixz}{2}})^2} = \frac{x}{-4 \sin^2 \frac{xz}{2}}$$

$$\Rightarrow K(z) = \eta \frac{2\pi}{\beta} \frac{1}{-4 \sin^2 \frac{\pi}{\beta} (z+i0^+)} = -\frac{\pi \eta}{2 \beta} \frac{1}{\sin^2 \frac{\pi(z+i0^+)}{\beta}}$$

$$\text{at } z \ll \beta \Rightarrow K(z) = \frac{-\eta \beta}{2\pi(z+i0^+)^2}$$

Further $q(z) K(z-z') q(z') = \left\{ \dot{q}^2(z) + \dot{q}^2(z') - \frac{1}{2} [q(z) - q(z')]^2 \right\} K(z-z')$

The first two terms again after integration only renormalize to $V(q)$, and will be dropped. Then we arrive at

$$S_{\text{eff}}[q] = \int_0^\beta dz \frac{\eta}{2} \left(\frac{dq}{dz} \right)^2 + V(q) + \frac{\eta}{4\pi} \int_0^\beta dz \int_0^\beta dz' \frac{(q(z) - q(z'))^2}{(z - z' + i0^+)^2}$$

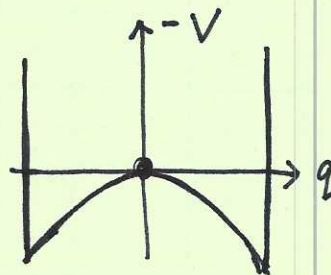
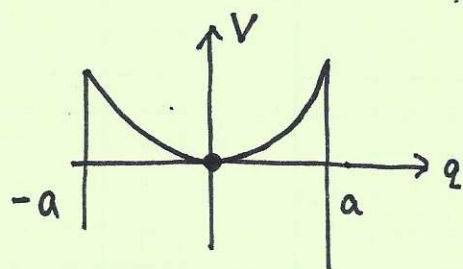
change back to Minkowski space $\tau \rightarrow it$

$$i S_{\text{eff}}[q(t)] = - S_{\text{eff}}(\tau \rightarrow it) = i \int dt \left[\frac{m}{2} \left(\frac{dq}{dt} \right)^2 - V(q) \right] - \int dt dt' \frac{\eta}{4\pi} \frac{(q(t) - q(t'))^2}{(t - t')^2}$$

damping

$$S[q(t)] = \int dt \frac{m}{2} \left(\frac{dq}{dt} \right)^2 - V(q) + i \int dt dt' \frac{\eta}{4\pi} \frac{(q(t) - q(t'))^2}{(t - t')^2}$$

§2 Now let us come back to the survival probability



Consider the bounce solution $q(0) = q(\beta) \rightarrow 0$, at $\tau = \beta/2$, the particle bounce back. The classic equation of motion

$$-m\ddot{q} + m\omega_c^2 q + \frac{\eta}{\pi} \int_0^\beta dz' \frac{q(z) - q(z')}{(\tau - z')^2} = A \delta(\tau - \beta/2)$$

A is the coefficient to represent the discontinuous change of the velocity

$$\text{LHS: } \sum_n m(\omega_n^2 + \omega_c^2) q(\omega_n) e^{-i\omega_n \tau} - \frac{2}{\beta} \int_0^\beta dz' \left[\sum_{n''} K(i\omega_{n''}) e^{i\omega_{n''}(\tau - z')} \right] \left\{ \sum_n q(\omega_n) (e^{-i\omega_n \tau} - e^{-i\omega_n z'}) \right\}$$

$$-2 \int_0^\beta dz' \frac{1}{\beta} \sum_{nn''} K(i\omega_{n''}) q(\omega_n) (-) e^{i\omega_{n''}(\tau - z') - i\omega_n z'} = \eta \sum_n |\omega_n| q(\omega_n) e^{-i\omega_n \tau}$$

$$\int_0^\beta dz' \sum_{nn''} q(\omega_n) e^{-i\omega_n z} |\omega_{n''}| e^{-i\omega_{n''}(z-z')} = 0$$

$$\Rightarrow \text{LHS} = \sum_n \left\{ m(\omega_n^2 + \omega_c^2) + \eta |\omega_n| \right\} q(\omega_n) e^{-i\omega_n z}$$

$$\text{RHS} = \frac{1}{\beta} \sum_n A e^{-i\omega_n(z-\beta/2)}$$

$$\boxed{(m(\omega_n^2 + \omega_c^2) + \eta |\omega_n|) q(\omega_n) = \frac{A}{\beta} e^{i\omega_n \frac{\beta}{2}}} \leftarrow \text{Solution of classic equation.}$$

$$\sum_n q(\omega_n) e^{-i\omega_n \frac{\beta}{2}} = \frac{A}{\beta} \sum_n \frac{1}{m(\omega_n^2 + \omega_c^2) + \eta |\omega_n|}$$

$$a = q\left(\frac{\beta}{2}\right) = Af, \text{ where } f \triangleq \frac{1}{\beta} \sum_n \frac{1}{m(\omega_n^2 + \omega_c^2) + \eta |\omega_n|}$$

boundary condition of
bouncing action.

$$\text{or } A = \frac{a}{f}, \quad [f] = \left[\frac{1}{m\omega^2} \right]$$

The action of the bouncing solution

$$\begin{aligned} S. &= \beta \sum_n \frac{m}{2} |q(\omega_n)|^2 (\omega_n^2 + \omega_c^2) + \beta^{-1} \int_0^\beta dz \int_0^\beta dz' \sum_n q(\omega_n) e^{-i\omega_n z} \\ &\quad \sum_{n'} K(\omega_{n'}) e^{i\omega_{n'}(z-z')} \\ &= \beta \sum_n \frac{m}{2} |q(\omega_n)|^2 (\omega_n^2 + \omega_c^2) \\ &\quad + \beta \sum |q(\omega_n)|^2 K(\omega_n) \sim \frac{\eta}{2} |\omega_n| \end{aligned}$$

$$\Rightarrow S_{\text{bounce}} = \frac{\beta}{2} \sum_n \left[m(\omega_n^2 + \omega_c^2) + \eta |\omega_n| \right] |q_n|^2$$

plug in $q(\omega_n) = \frac{A}{\beta} \frac{e^{i\omega_n \frac{\beta}{2}}}{(m(\omega_n^2 + \omega_c^2) + \eta|\omega_n|)}$

$$\Rightarrow S_{\text{bounce}} = \frac{A^2}{2\beta} \sum_n \frac{1}{(\dots)} = \frac{A^2}{2} f = \boxed{\frac{a^2}{2f} = S_{\text{bounce}}}$$

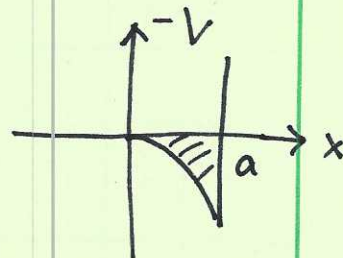
⊗ and the tunneling rate $\boxed{\Gamma \sim e^{-S_{\text{bounce}}}}$.

① Consider the limit $\eta \rightarrow 0$ and $\beta \rightarrow \infty$: zero temperature, no dissipation

$$f = \frac{1}{\beta} \sum_n \frac{1}{m(\omega_n^2 + \omega_c^2)} = \int_{-\infty}^{+\infty} \frac{d\omega}{2\pi} \frac{1}{m(\omega^2 + \omega_c^2)} = \frac{1}{2\pi m \omega_c} \int_{-\infty}^{+\infty} dx \frac{1}{x^2 + 1}$$

$$= \frac{1}{2m\omega_c} \Rightarrow S_{\text{bounce}} = m\omega_c a^2$$

$$S = 2 \int_0^a dx \left(\frac{dx}{dz} \right) m = 2 \int_0^a dx \omega_c x m = m\omega_c a^2$$



bound back and forth

So $\Gamma \sim e^{-m\omega_c a^2/\hbar}$ is controlled by the barrier height $\frac{m\omega_c^2 a^2}{2}$ at the attempt frequency ω_c .

The classic solution

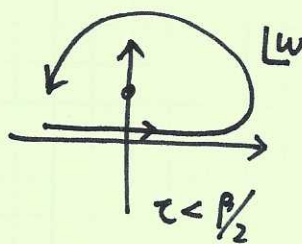
$$q(z) = \sum_{\omega_n} q(\omega_n) e^{-i\omega_n z} = \frac{1}{\beta} \int_{-\infty}^{+\infty} \frac{d\omega}{2\pi} \frac{A}{\beta} \frac{e^{-i\omega \frac{\beta}{2}} (z - \frac{\beta}{2})}{m(\omega^2 + \omega_c^2) + \eta|\omega|} \quad \leftarrow \eta=0$$

$$= \frac{a}{mf} \int_{-\infty}^{+\infty} \frac{d\omega}{2\pi} \frac{e^{-i\omega(z - \frac{\beta}{2})}}{\omega^2 + \omega_c^2} = \frac{-2\pi i}{2\pi} \frac{a}{mf} \left. \frac{1}{\omega - \omega_c i} \right|_{\omega \rightarrow -\omega_c i} \quad \boxed{\text{at } z > \beta/2}$$

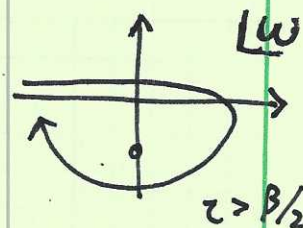
$$q(z) = -\frac{2\pi i}{2\pi} \frac{a}{m\eta} \frac{1}{-2\omega_c i} e^{-\omega_c |z - \beta/2|}$$

$$= \frac{a}{2\pi m\eta \omega_c} e^{-\omega_c |z - \beta/2|}$$

$$= a e^{-\omega_c |z - \beta/2|}$$



Combine results
at $z < \beta/2$ from
residual theory



② Consider $\beta \rightarrow +\infty$, and overdamped region $\eta \gg m\omega_c$

$$f = \frac{1}{\beta} \sum_n \frac{1}{m(\omega_n^2 + \omega_c^2) + \eta|\omega_n|} = \int_{-\infty}^{+\infty} \frac{d\omega}{2\pi} \frac{1}{m(\omega^2 + \omega_c^2) + \eta|\omega|}$$

in the region:

$$\left. \begin{array}{l} \eta|\omega| \gg m\omega^2 \\ \eta|\omega| \geq m\omega_c^2 \end{array} \right\} \Rightarrow \frac{m\omega_c^2}{\eta} \ll |\omega| \ll \frac{\eta}{m}$$

the contribution

~~comes from~~ $\frac{1}{2\pi\omega}$

$$\Rightarrow f_1 \approx \frac{2}{2\pi\eta} \int_{\frac{m\omega_c^2}{\eta}}^{\frac{\eta}{m}} d\omega \frac{1}{\omega} = \frac{1}{\pi\eta} \ln \frac{\eta/m}{m\omega_c^2/\eta} = \frac{2}{\pi\eta} \ln \frac{\eta}{m\omega_c}$$

At $|\omega| \gg \frac{\eta}{m}$, we have $f' = \frac{1}{\pi m} \int_{\frac{\eta}{m}}^{+\infty} d\omega \frac{1}{\omega^2} = \frac{1}{\pi m} \frac{m}{\eta} \approx \frac{1}{\pi\eta}$

$|\omega| \ll \frac{m\omega_c^2}{\eta} \rightarrow f'' = \frac{1}{\pi m} \int_0^{\frac{m\omega_c^2}{\eta}} d\omega \frac{1}{\omega^2} \approx \frac{1}{\pi\eta}$

Combine together, the contribution mainly from $\frac{m\omega_c^2}{\eta} \ll |\omega| \ll \frac{\eta}{m}$

$$\Rightarrow f \approx \frac{2}{\pi\eta} \left[\ln \frac{\eta}{m\omega_c} + 1 \right] \approx \frac{2}{\pi\eta} \ln \frac{\eta}{m\omega_c}$$

(9)

then $S_{\text{bounce}} = \frac{\pi \eta a^2}{4 \ln \eta / m \omega_c}$, at $\eta \gg m \omega_c$, this solution

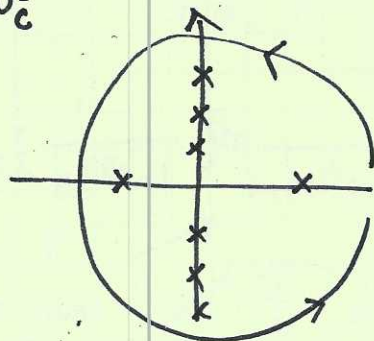
is much larger than the coherent $S_{\text{bounce}} = m \omega_c a^2$ case

$\Rightarrow$ tunneling probability is exponentially suppressed.

$\rightarrow$ The particle becomes classic, - no tunneling.

③ $\eta \rightarrow 0$ but $\beta \neq 0$, thermal: $f = \frac{1}{m\beta} \sum_n \frac{1}{\omega_n^2 + \omega_c^2}$

define $\oint \frac{dz}{2\pi i} \frac{1}{e^{\beta z} - 1} \frac{1}{m(-\omega^2 + \omega_c^2)}$



$$0 = \frac{1}{m\beta} \sum_n \frac{1}{\omega_n^2 + \omega_c^2} + \sum_i \text{Res} \frac{1}{e^{\beta z} - 1} \frac{1}{m(-\omega^2 + \omega_c^2)} \Big|_{z = \pm \omega_c}$$

$$\Rightarrow f = + \left[\frac{1}{e^{\beta \omega_c} - 1} \frac{1}{2\omega_c} + \frac{1}{e^{-\beta \omega_c} - 1} \left(-\frac{1}{2\omega_c} \right) \right] = \frac{1}{2\omega_c m} \frac{e^{\beta \omega_c} + 1}{e^{\beta \omega_c} - 1} = \frac{\coth \frac{\beta \omega_c}{2}}{2m\omega_c}$$

$$\Rightarrow S = \frac{a^2}{\frac{1}{2} \left(\frac{\coth \frac{\beta \omega_c}{2}}{m\omega_c} \right)} = m\omega_c a^2 \cdot \tanh \frac{\beta \omega_c}{2} \rightarrow m\omega_c a^2 \text{ at } \beta \rightarrow \infty$$

$$\left\{ \begin{array}{l} \frac{\beta}{2} m\omega_c^2 a^2 \text{ at } \beta \rightarrow 0 \end{array} \right.$$

at $\beta \rightarrow 0$ (high T)

$$p \sim e^{-\frac{m\omega_c^2 a^2}{2 k_B T}}$$

(classic thermal activated behavior!)